

# PSALMS IN 6 MONTHS

## DAY 1-30

- ☐ **DAY 1:** PSALM 1&2 | PROVERBS 1
- ☐ **DAY 2:** PSALM 3-4 | PROVERBS 2
- ☐ **DAY 3:** PSALM 5 | PROVERBS 3
- ☐ **DAY 4:** PSALM 6 | PROVERBS 4
- ☐ **DAY 5:** PSALM 7 | PROVERBS 5
- ☐ **DAY 6:** PSALM 8 | PROVERBS 6
- ☐ **DAY 7:** PSALM 9 | PROVERBS 7
- ☐ **DAY 8:** PSALM 10 | PROVERBS 8
- ☐ **DAY 9:** PSALM 11-12 | PROVERBS 9
- ☐ **DAY 10:** PSALM 13-14 | PROVERBS 10
- ☐ **DAY 11:** PSALM 15-16 | PROVERBS 11
- ☐ **DAY 12:** PSALM 17 | PROVERBS 12
- ☐ **DAY 13:** PSALM 18:1-15 | PROVERBS 13
- ☐ **DAY 14:** PSALM 18:16-30 | PROVERBS 14
- ☐ **DAY 15:** PSALM 18:31-50 | PROVERBS 15
- ☐ **DAY 16:** PSALM 19 | PROVERBS 16
- ☐ **DAY 17:** PSALM 20 | PROVERBS 17
- ☐ **DAY 18:** PSALM 21 | PROVERBS 18
- ☐ **DAY 19:** PSALM 22:1-18 | PROVERBS 19
- ☐ **DAY 20:** PSALM 22:19-30 | PROVERBS 20
- ☐ **DAY 21:** PSALM 23-24 | PROVERBS 21
- ☐ **DAY 22:** PSALM 25:1-10 | PROVERBS 22
- ☐ **DAY 23:** PSALM 25:11-22 | PROVERBS 23
- ☐ **DAY 24:** PSALM 26 | PROVERBS 24
- ☐ **DAY 25:** PSALM 27 | PROVERBS 25
- ☐ **DAY 26:** PSALM 28 | PROVERBS 26
- ☐ **DAY 27:** PSALM 29 | PROVERBS 27
- ☐ **DAY 28:** PSALM 30 | PROVERBS 28
- ☐ **DAY 29:** PSALM 31:1-13 | PROVERBS 29
- ☐ **DAY 30:** PSALM 31:14-24 | PROVERBS 30

## DAY 31-60

- ☐ **DAY 31:** PSALM 32 | PROVERBS 31
- ☐ **DAY 32:** PSALM 33:1-9 | PROVERBS 1
- ☐ **DAY 33:** PSALM 33:10-22 | PROVERBS 2
- ☐ **DAY 34:** PSALM 34:1-10 | PROVERBS 3
- ☐ **DAY 35:** PSALM 34:11-22 | PROVERBS 4
- ☐ **DAY 36:** PSALM 35:1-16 | PROVERBS 5
- ☐ **DAY 37:** PSALM 35:17-28 | PROVERBS 6
- ☐ **DAY 38:** PSALM 36 | PROVERBS 7
- ☐ **DAY 39:** PSALM 37:1-11 | PROVERBS 8
- ☐ **DAY 40:** PSALM 37:12-26 | PROVERBS 9
- ☐ **DAY 41:** PSALM 37:27-40 | PROVERBS 10
- ☐ **DAY 42:** PSALM 38:1-11 | PROVERBS 11
- ☐ **DAY 43:** PSALM 38:12-22 | PROVERBS 12
- ☐ **DAY 44:** PSALM 39 | PROVERBS 13
- ☐ **DAY 45:** PSALM 40 | PROVERBS 14
- ☐ **DAY 46:** PSALM 41 | PROVERBS 15
- ☐ **DAY 47:** PSALM 42 | PROVERBS 16
- ☐ **DAY 48:** PSALM 43, 44:1-8 | PROVERBS 17
- ☐ **DAY 49:** PSALM 44:9-26 | PROVERBS 18
- ☐ **DAY 50:** PSALM 45 | PROVERBS 19
- ☐ **DAY 51:** PSALM 46 | PROVERBS 20
- ☐ **DAY 52:** PSALM 47 | PROVERBS 21
- ☐ **DAY 53:** PSALM 48 | PROVERBS 22
- ☐ **DAY 54:** PSALM 49 | PROVERBS 23
- ☐ **DAY 55:** PSALM 50:1-11 | PROVERBS 24
- ☐ **DAY 56:** PSALM 50:12-23 | PROVERBS 25
- ☐ **DAY 57:** PSALM 51 | PROVERBS 26
- ☐ **DAY 58:** PSALM 52 | PROVERBS 27
- ☐ **DAY 59:** PSALM 53-54 | PROVERBS 28
- ☐ **DAY 60:** PSALM 55:1-11 | PROVERBS 29

## DAY 61-90

- ☐ **DAY 61:** PSALM 55:12-23 | PROVERBS 30
- ☐ **DAY 62:** PSALM 56 | PROVERBS 31
- ☐ **DAY 63:** PSALM 57 | PROVERBS 1
- ☐ **DAY 64:** PSALM 58 | PROVERBS 2
- ☐ **DAY 65:** PSALM 59 | PROVERBS 3
- ☐ **DAY 66:** PSALM 60 | PROVERBS 4
- ☐ **DAY 67:** PSALM 61 | PROVERBS 5
- ☐ **DAY 68:** PSALM 62 | PROVERBS 6
- ☐ **DAY 69:** PSALM 63 | PROVERBS 7
- ☐ **DAY 70:** PSALM 64 | PROVERBS 8
- ☐ **DAY 71:** PSALM 65 | PROVERBS 9
- ☐ **DAY 72:** PSALM 66 | PROVERBS 10
- ☐ **DAY 73:** PSALM 67,68:1-6 | PROVERBS 11
- ☐ **DAY 74:** PSALM 68:7-18 | PROVERBS 12
- ☐ **DAY 75:** PSALM 68:19-35 | PROVERBS 13
- ☐ **DAY 76:** PSALM 69:1-12 | PROVERBS 14
- ☐ **DAY 77:** PSALM 69:13-21 | PROVERBS 15
- ☐ **DAY 78:** PSALM 69:22-36 | PROVERBS 16
- ☐ **DAY 79:** PSALM 70, 71:1-11 | PROVERBS 17
- ☐ **DAY 80:** PSALM 71:12-24 | PROVERBS 18
- ☐ **DAY 81:** PSALM 72 | PROVERBS 19
- ☐ **DAY 82:** PSALM 73:1-15 | PROVERBS 20
- ☐ **DAY 83:** PSALM 73:16-28 | PROVERBS 21
- ☐ **DAY 84:** PSALM 74:1-11 | PROVERBS 22
- ☐ **DAY 85:** PSALM 74:12-23 | PROVERBS 23
- ☐ **DAY 86:** PSALM 75 | PROVERBS 24
- ☐ **DAY 87:** PSALM 76 | PROVERBS 25
- ☐ **DAY 88:** PSALM 77 | PROVERBS 26
- ☐ **DAY 89:** PSALM 78:1-16 | PROVERBS 27
- ☐ **DAY 90:** PSALM 78:17-31 | PROVERBS 28

**UTILIZE READING PLAN WITH  SOAP JOURNALS**

DAILY READINGS INCLUDE A PORTION OF PSALMS & A CHAPTER OF PROVERBS. DAYS ARE NUMBERED IN A WAY TO READ AT YOUR OWN PACE

# PSALMS IN 6 MONTHS

## DAY 91-120

- ☐ **DAY 91:** PSALM 78:32-49 | PROVERBS 29
- ☐ **DAY 92:** PSALM 78:50-72 | PROVERBS 30
- ☐ **DAY 93:** PSALM 79 | PROVERBS 31
- ☐ **DAY 94:** PSALM 80 | PROVERBS 1
- ☐ **DAY 95:** PSALM 81 | PROVERBS 2
- ☐ **DAY 96:** PSALM 82 | PROVERBS 3
- ☐ **DAY 97:** PSALM 83 | PROVERBS 4
- ☐ **DAY 98:** PSALM 84 | PROVERBS 5
- ☐ **DAY 99:** PSALM 85 | PROVERBS 6
- ☐ **DAY 100:** PSALM 86 | PROVERBS 7
- ☐ **DAY 101:** PSALM 87 | PROVERBS 8
- ☐ **DAY 102:** PSALM 88 | PROVERBS 9
- ☐ **DAY 103:** PSALM 89:1-18 | PROVERBS 10
- ☐ **DAY 104:** PSALM 89:19-37 | PROVERBS 11
- ☐ **DAY 105:** PSALM 89:38-52 | PROVERBS 12
- ☐ **DAY 106:** PSALM 90 | PROVERBS 13
- ☐ **DAY 107:** PSALM 91 | PROVERBS 14
- ☐ **DAY 108:** PSALM 92 | PROVERBS 15
- ☐ **DAY 109:** PSALM 93-94:1-7 | PROVERBS 16
- ☐ **DAY 110:** PSALM 94:8-23 | PROVERBS 17
- ☐ **DAY 111:** PSALM 95 | PROVERBS 18
- ☐ **DAY 112:** PSALM 96 | PROVERBS 19
- ☐ **DAY 113:** PSALM 97 | PROVERBS 20
- ☐ **DAY 114:** PSALM 98 | PROVERBS 21
- ☐ **DAY 115:** PSALM 99 | PROVERBS 22
- ☐ **DAY 116:** PSALM 100-101 | PROVERBS 23
- ☐ **DAY 117:** PSALM 102:1-11 | PROVERBS 24
- ☐ **DAY 118:** PSALM 102:12-28 | PROVERBS 25
- ☐ **DAY 119:** PSALM 103:1-14 | PROVERBS 26
- ☐ **DAY 120:** PSALM 103:15-22 | PROVERBS 27

## DAY 121-150

- ☐ **DAY 121:** PSALM 104:1-13 | PROVERBS 28
- ☐ **DAY 122:** PSALM 104:14-23 | PROVERBS 29
- ☐ **DAY 123:** PSALM 104:24-35 | PROVERBS 30
- ☐ **DAY 124:** PSALM 105:1-11 | PROVERBS 31
- ☐ **DAY 125:** PSALM 105:12-25 | PROVERBS 1
- ☐ **DAY 126:** PSALM 105:26-36 | PROVERBS 2
- ☐ **DAY 127:** PSALM 105:37-45 | PROVERBS 3
- ☐ **DAY 128:** PSALM 106:1-18 | PROVERBS 4
- ☐ **DAY 129:** PSALM 106:19-33 | PROVERBS 5
- ☐ **DAY 130:** PSALM 106:34-48 | PROVERBS 6
- ☐ **DAY 131:** PSALM 107:1-16 | PROVERBS 7
- ☐ **DAY 132:** PSALM 107:17-32 | PROVERBS 8
- ☐ **DAY 133:** PSALM 107:33-43 | PROVERBS 9
- ☐ **DAY 134:** PSALM 108 | PROVERBS 10
- ☐ **DAY 135:** PSALM 109:1-15 | PROVERBS 11
- ☐ **DAY 136:** PSALM 109:16-31 | PROVERBS 12
- ☐ **DAY 137:** PSALM 110 | PROVERBS 13
- ☐ **DAY 138:** PSALM 111 | PROVERBS 14
- ☐ **DAY 139:** PSALM 112 | PROVERBS 15
- ☐ **DAY 140:** PSALM 113 | PROVERBS 16
- ☐ **DAY 141:** PSALM 114 | PROVERBS 17
- ☐ **DAY 142:** PSALM 115 | PROVERBS 18
- ☐ **DAY 143:** PSALM 116 | PROVERBS 19
- ☐ **DAY 144:** PSALM 117-118:1-13 | PROV 20
- ☐ **DAY 145:** PSALM 118:14-29 | PROVERBS 21
- ☐ **DAY 146:** PSALM 119:1-16 | PROVERBS 22
- ☐ **DAY 147:** PSALM 119:17-32 | PROVERBS 23
- ☐ **DAY 148:** PSALM 119:33-48 | PROVERBS 24
- ☐ **DAY 149:** PSALM 119:49-64 | PROVERBS 25
- ☐ **DAY 150:** PSALM 119:65-80 | PROVERBS 26

## DAY 151-180

- ☐ **DAY 151:** PSALM 119:81-96 | PROVERBS 27
- ☐ **DAY 152:** PSALM 119:97-112 | PROV 28
- ☐ **DAY 153:** PSALM 119:113-128 | PROV 29
- ☐ **DAY 154:** PSALM 119:129-144 | PROV 30
- ☐ **DAY 155:** PSALM 119:145-160 | PROV 31
- ☐ **DAY 156:** PSALM 119:161-176 | PROV 1
- ☐ **DAY 157:** PSALM 120-121 | PROVERBS 2
- ☐ **DAY 158:** PSALM 122-123 | PROVERBS 3
- ☐ **DAY 159:** PSALM 124-125 | PROVERBS 4
- ☐ **DAY 160:** PSALM 126-127 | PROVERBS 5
- ☐ **DAY 161:** PSALM 128-129 | PROVERBS 6
- ☐ **DAY 162:** PSALM 130-131 | PROVERBS 7
- ☐ **DAY 163:** PSALM 132:1-12 | PROVERBS 8
- ☐ **DAY 164:** PS 132:13-18,133,134 | PROV 9
- ☐ **DAY 165:** PSALM 135 | PROVERBS 10
- ☐ **DAY 166:** PSALM 136:1-16 | PROVERBS 11
- ☐ **DAY 167:** PSALM 136:17-26,137 | PROV 12
- ☐ **DAY 168:** PSALM 138 | PROVERBS 13
- ☐ **DAY 169:** PSALM 139:1-12 | PROVERBS 14
- ☐ **DAY 170:** PSALM 139:13-24 | PROV 15
- ☐ **DAY 171:** PSALM 140 | PROVERBS 16
- ☐ **DAY 172:** PSALM 141,142 | PROVERBS 17
- ☐ **DAY 173:** PSALM 143 | PROVERBS 18
- ☐ **DAY 174:** PSALM 144 | PROVERBS 19
- ☐ **DAY 175:** PSALM 145:1-9 | PROVERBS 20
- ☐ **DAY 176:** PSALM 145:10-21 | PROVERBS 21
- ☐ **DAY 177:** PSALM 146 | PROVERBS 22
- ☐ **DAY 178:** PSALM 147 | PROVERBS 23
- ☐ **DAY 179:** PSALM 148 | PROVERBS 24
- ☐ **DAY 180:** PSALM 149-150 | PROVERBS 25

**UTILIZE READING PLAN WITH  SOAP JOURNALS**

DAILY READINGS INCLUDE A PORTION OF PSALMS & A CHAPTER OF PROVERBS. DAYS ARE NUMBERED IN A WAY TO READ AT YOUR OWN PACE